





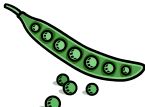








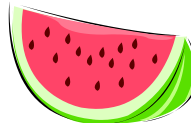


**CHILD DEVELOPMENT CENTER
FIVE-WEEK SUMMER MENU
2010**

















WEEK: 1					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cornflakes Diced Peaches Milk 	Waffle Sticks Orange Juice Milk 	Bagel W/Cream Cheese Pineapple Tidbits Milk 	Pancakes Apple Sauce Milk 	Cold Cereal (Life) Bananas Milk 
LUNCH	 Beef-a-Roni (Ground beef, onion, tomato sauce, elbow macaroni) Sweet peas Apple Milk 	Stuffed Baked Potato (Ham Diced, Broccoli, Cheddar Cheese) Sliced Pears Milk 	Hamburger Cheese Slider Roll Lattice Cut Potatoes Diced Peaches, Milk 	Turkey Wraps (Turkey Slices, tomatoes, lettuce, Ranch Dressing, Tortilla Shells) Green Beans Fruit Cocktail, Milk 	Pizza with Cheese & Tomato Sauce Broccoli Pineapple Milk 
SNACK	Ritz Crackers & Cheese Water 	Vanilla Wafers Grape Juice 	Strawberry Nutrigrain Bars Milk 	Bananas Apple Juice 	Water Mellon Milk 

Children over 2 years of age will drink 1% milk; Children under the age of 2 will drink whole milk.

Registered Dietician Signature _____

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WEEK: 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 	Corn Muffin Peaches Milk 	Taylor Ham Slider Roll Orange Juice Milk 	Pancakes Applesauce Milk 	Oatmeal Mandarin Oranges Milk 	Cold Cereal Raisin Bran Bananas Milk 
LUNCH	Roast Beef /gravy on Soft Roll Parsleyed Potatoes Applesauce Milk 	Spanish Chili (Ground Turkey Diced Green Peppers Tomato Sauce) Rice, Milk Pineapple Cubes 	Oven Fried Chicken Strips Baked Beans Diced Peaches Milk 	Spaghetti With Meat Sauce (Spaghetti, Ground Beef, Tomato Sauce) Green Beans Diced Pears, Milk Soft Bread Sticks 	Fish Sticks California Blend Vegetables (Broccoli, Carrots, Cauliflower) Fruit Cocktail Milk 
SNACK 	Trail Mix (Life, Raisins, Cheese Fishies Water	Ritz Crackers American Cheese Water 	Animal Crackers Milk 	Poptarts Apple Juice 	Seasonal Fresh Fruit Milk 

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Registered Dietician Signature _____







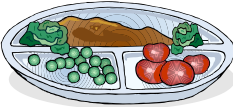




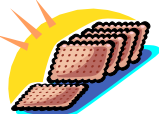




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WEEK: 3					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 	Bagel W/Cream Cheese Apricots Milk 	Scrambled Eggs Toasted Wheat Bread Pineapple Juice Milk 	French Toast Sticks Orange Juice Milk 	Waffles Peaches Milk 	Cold Cereal (Rice Krispies) Bananas Milk 
LUNCH	Sloppy Joe Slider Roll Baked French Fries Wax Beans Fruit Cocktail Milk 	Cheese Ravioli Marinara Sauce Broccoli Canned Pears Milk 	Tacos (Ground Beef Shredded Cheese Lettuce, Tomato Soft Taco Shell) Pineapple Tidbits Milk 	Elbow Pasta w/Cheese Sauce & Diced Ham Green Beans Milk 	Sliced Turkey Lettuce Sweet Potato Fries Pita, Apricots, Milk 
SNACK 	Graham Cracker Apple Juice 	Homemade Applesauce Muffins Milk 	Apple Grape Juice 	Apple/Cinnamon Nutrigrain Bar Milk 	Fresh Fruit Melon Water 

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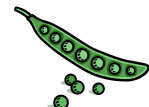


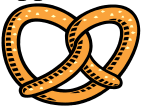

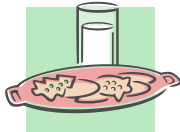


**CHILD DEVELOPMENT CENTER
FIVE-WEEK SUMMER MENU
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WEEK: 4					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 	Pancakes Mandarin Oranges Milk 	Egg McBiscuit (scrambled egg, biscuit) Canned Pears Milk 	Blueberry Muffin Apple Sauce Milk 	Cinnamon Oatmeal w/Raisins Canned Peaches Milk 	Cold Cereal (Cheerios) Banana Milk 
LUNCH	Pork Riblets, Corn Fruit Cocktail Whole Wheat Bread Milk  *Creamed Corn children under 2	Fish Sticks Tater Tots Fresh California Blend Vegetables (Broccoli, Carrots, Cauliflower) Milk	Cheese Pizza (Pizza Crust Mozzarella Cheese Tomato Sauce) Broccoli Pineapple/w Blueberries Milk 	Swedish Meatballs (Brown Gravy w/ Sour Cream) Buttered Noodles Carrot Coins Apple Milk 	Ham & Cheese Slices Pita Bread Tomato Slices Melon Wedges Milk 
SNACK 	Wheat Thins American Cheese  Apple Juice	Cheese Slices Grape Juice 	Graham Crackers Milk 	Fruited Yogurt Strawberry Water 	Apples Milk 

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Week 5					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Pancakes Applesauce Milk 	French Toast Pineapple Tidbits Milk 	Cream of Wheat Mandarin Oranges Milk 	Waffles Peaches Milk 	Cold Cereal Life Banana Milk 
LUNCH	Chicken Nuggets Rice Pilaf Green Beans Fruit Cocktail Milk 	Shredded BBQ Pork Slider Roll Tater Tots, Apples Milk 	Ham & Cheese Quiche, Green Peas Seasonal Fruit Cantalope Milk 	Chicken Patties Tomato Slices Lettuce Leaves Soft Rolls Sweet Potato Fries Applesauce Milk 	Italian Meatballs in Marinara Sauce Soft Breadsticks Mixed Vegetables Peaches Milk 
SNACK	Soft Pretzels Apple Juice 	Animal Crackers Milk 	Shortbread Cookies Milk 	Apple Wedges Saltines Water 	Seasonal Fresh Fruit (Watermelon) Grape Juice 

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